



## Code of Conduct & Social Media Guidelines

### FOR PARTICIPANTS

- Enjoy yourself and have fun.
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.
- Treat all participants in Physie as you would like to be treated.
- Show respect for and co-operate with your teachers, judges and other officials. Without them there would be no competition.
- Be humble when you win and graceful when you lose. Don't seek excuses or blame the judges or your teachers when you lose.
- Do not criticise other members or competitors.
- Be a good sport. Applaud other competitors whether they are from your club or another.
- Work equally hard for yourself and your team. Your team's performance will benefit and so will you.
- Be loyal to your club and support it.

### FOR PARENTS

- Encourage children to participate, don't force them.
- Remember that children participate for their enjoyment, not yours.
- Focus on the child's efforts and performance rather than winning or losing.
- Never ridicule or yell at a child for making a mistake or losing.
- Remember that children learn best by following your example. Applaud good performances by all competitors.
- Show appreciation of teachers and volunteers. Without them your child would not participate.
- Respect the judges' decision and teach children to do likewise.
- Address conflict openly, honestly and respectfully.
- Do not correct your child during a class.
- If watching, respect your teachers and other students by being quiet and keeping other siblings quiet.



# Bonny Hills Physical Culture Club

- Do not use any device to video or photograph any class member (including your own child) without gaining permission from your teacher.

## SOCIAL MEDIA

Social Media offers the opportunity for people to gather online and share a common interest. We embrace the use of social media and recognise the importance it plays. It provides the opportunity for you to gain information, communicate and engage with each other as a support network. We have created some guidelines for its use:

- Be polite & respectful at all times
- Use a common-sense approach to posting – if in doubt leave it out!
- Be mindful to avoid comments that are offensive to BJP, our club or other members.
- Never post a photo of anyone else's child without gaining permission from their parents.
- Never post whilst upset or angry – think happy thoughts.
- If you disagree with someone and would like to post a response, always ask yourself how you would feel if this post was about you.
- Never criticise or comment about a judge's decision.